

The course is open to all couples who are interested in improving the quality of their relationship.

Couples who:

- ? Have a good relationship and want to deepen intimacy;
- ? Have a difficult relationship and want to restore connection;
- ? Are near divorce and want to find a healthier alternative;
- ? Are not married and want to learn healthy relationship skills that will make their relationship successful;
- ? Are planning to marry and want to start off on the right track.
- ? Want to connect more spiritually.

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Please contact Sandra Dickinson if you think your church family would like to offer this course to the couples in your congregation/community. It is a scripturally based eight-week course that is offered initially by a **Certified IMAGO Relationship Therapist**. Thereafter, a Leader Couple from each class will emerge and present the course to other interested couples within the congregation/community.

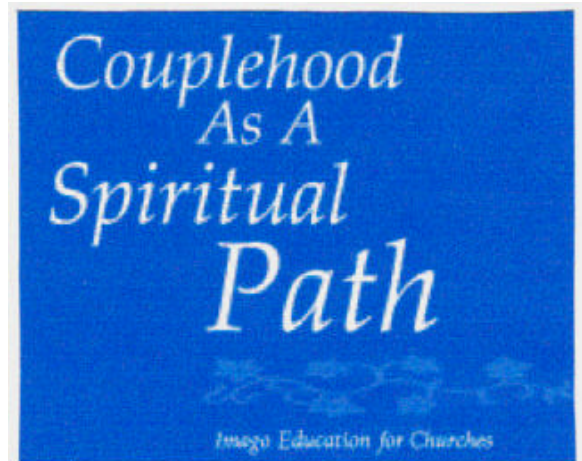
This course will be presented by **Sandra Dickinson, LPC, LMFT** who is a **Certified IMAGO Relationship Therapist** (since 1992) and **Workshop Presenter** (since 1995). Sandra has lived in Kingwood with her family for the past 29 years. She is in private practice in Humble, TX at **ALTERNATIVES FOR FAMILY CRISIS**. Sandra is actively involved in the community speaking to audiences throughout the year on healthy love relationships, parenting, and life-management skills. Ask about her new book on relationships, **Love That Works: The 12 Foundation Stones** in all bookstores and online.

281-358-3299

www.saundradickinson.com

“I am so glad we took this class! We are now clear on what it takes to have a happy, long-term marriage. We have made the commitment and have the tools for our work. My recommendation to all couples!” Lou D.

“This class has been the most significant work we have done in our marriage since our wedding day. And it has given us a new beginning, which I would never have believed possible.” Gerald A.



**Developed by
Harville Hendrix, PhD &
Helen LaKelly Hunt, PhD, based
on the bestseller,
Getting The Love You Want
and
written especially for churches**

**“It’s about Marriage as a
Spiritual Path and Dialogue
as a Spiritual Practice.”**

**Presented by
Sandra Dickinson, LPC, LMFT
Certified IMAGO Relationship
Therapist &
Workshop Presenter**

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COUPLEHOOD AS A SPIRITUAL PATH is about learning a powerful skill that will radically transform your relationship into a conscious couplehood.

It is about using the skills to:

- ?Improve your relationship with your partner;
- ?Dissolve long-standing conflicts;
- ?Use your relationship to heal childhood wounds;
- ?Use your relationship to grow into your full potential;
- ?Deepen connection and intimacy.

It's About:

- ? Transforming the “space between” the couple into emotional safety and passion;
- ? Experiencing the “space between” as sacred space;
- ? Using your relationship to grow spiritually;
- ?Creating a better society through conscious couplehood.

What will I learn?

- Why we choose certain types of partners;
- How childhood influences our choice;
- How intimate relationships move through stages;
- The healing power of committed love relationships;

➤A new way of talking and listening that will:

- Create and sustain connection
- Deepen intimacy and passion
- Dissolve tension and conflict
- Remove negativity from your relationship;
- Create emotional and physical safety;
- Develop empathy and compassion between partners.

➤How conscious partnership can transform society;



This course is eight weekly, two-hour sessions using the “**COUPLEHOOD AS A SPIRITUAL PATH**” workbooks developed by Harville Hendrix, PhD and Helen LaKelly Hunt, PhD from their bestseller, *Getting the Love You Want* by Harville Hendrix, PhD. This book has now been translated into over 50 languages. **IMAGO RELATIONSHIP THEORY** is used and taught worldwide to couples who want a healthy, long-term committed love relationship. **IMAGO Relationships International** is a worldwide non-profit organization dedicated to creating conscious relationships that can ultimately create a conscious world with less abuse, violence, and wars.

IMAGO Theory recognizes..... that when we fall in love, it's supposed to be forever. We meet the person of our dreams and a magical transformation takes place within us. We feel alive, whole, connected to the world and the people in it. Then, before we know it, that magical feeling disappears. Disillusioned, our dreams shattered, we begin to feel angry and betrayed.

We try to coerce our partners into giving us what we need. We criticize, we withdraw, we shame, we intimidate, we cry. Some of us go on locked in this painful power struggle for years until we either break up or seek help, desperate to regain the magic we once had.

All of this creates confusion and disillusionment. Fortunately, **embedded in this disillusionment lies everything your relationship needs for healing and growth. IMAGO Therapy creates a sacred space for healing and growth that can lead you to the relationship of your dreams.** We invite all couples to join us in this exciting, spiritual journey that will awaken, enlighten, and inspire healthy connection in your marriage.

